

## How to join the Learning Disability Register



The learning disability register is a list of people who have a learning disability.



Doctors use it to make sure that people with a learning disability get the right support in the right ways.



You can ask to be added to the learning disability register by contacting your GP surgery



## Why is it good to join the register?

Your GP surgery will know to make things easier for you.

[Find out about reasonable adjustments](#)



If you are over 14, your GP surgery should invite you for an annual health check every year.

[Find out about annual health checks](#)



You and your carers will be invited for [COVID booster vaccines](#) and also get a free [flu jab](#).

[Find out about vaccines](#)



## What should I say if I want to join?

Not all receptionists will know about the register and may not be able to check it.



You may need to make an appointment with your GP to talk about the learning disability register.



You could tell them about anything that makes it harder for you to look after your health.



The GP will probably ask you some questions about your learning disability, and how it affects you.



You could tell them about any disability benefits you get.



You could tell them if you have a social worker



You may use different words to describe your learning disability, such a learning difficulty or learning difference. However, it may be more helpful to say you have a learning disability to the doctor or receptionist at first.



You could tell them about what kind of support you need in your day-to-day life.



You could also tell them about any support you had or have at school.



You do not have to get support from social services to be on the learning disability register.



You do not have to take any tests to join the learning disability register.



You do not have to get any disability benefit payments to join the learning disability register