## Spotlight Shares....

Some of the groups/venues we visited this month:

- The Rainbow Project
- Breathing Space
- Rotherham Minster
- Dinnington Library
- Heart of Knitting
- Rotherham Hospital



Here's what you shared......

"I feel that due to how I identify, attitudes can change towards me"

"The waiting times for assessments for Autism and ADHD are awful! What do people do while they're waiting for an assessment?"

"I'll tell you one thing for certain - mental health services needs to be better. I have had to have time off work due to mainly work related stress and I didn't know where to turn."

"I fear that older people are blocking up the system and after all, older people are living longer now, so we need the systems in place to allow equal care for everyone!"

"Rotherham hospital has been fabulous whilst I've been under their care. I've had an endoscopy today and despite it not being a very nice procedure, the whole thing ran very smoothly and staff were kind. "

