

# New ways your pharmacist can help you



Your local pharmacist can now treat you and give you medicines for some illnesses without you having to see a doctor first.



Pharmacists can now help if you have:

- an earache and you may have a high temperature



- a dry, scratchy or sore throat



- a urinary tract infection (UTI) which can feel like a burning or a pain when you pee

See your  
pharmacist

Help us  
help you



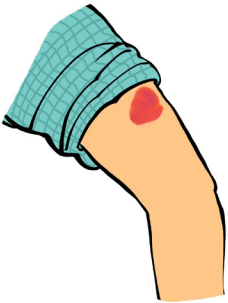
- sinusitis which can be a blocked or bunged up nose



- shingles which can give you a rash and make you feel unwell



- impetigo which can give you an itchy rash



- infected insect bites which can be red and sore



You can still speak to your doctor but your pharmacist will often be able to help. You do not have to book an appointment.

Find out more at  
[nhs.uk/thinkpharmacyfirst](https://www.nhs.uk/thinkpharmacyfirst)

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